



# Warren County Career Center Lunch Menu January 2019

**A MEAL REQUIRES:**  
 Selection of at least 3 of the 5 offered components  
 Meat/Meat Alternative, Grain, Veggie, Fruit & Milk  
**ONE OF THE SELECTIONS MUST BE A VEGGIE OR FRUIT**

**PIZZA**

**DAILY PIZZA:**  
 CHEESE OR PEPPERONI

**TUES WED & THUR:**  
 SPECIALITY PIZZA & BOSCO STICKS

**GRILL**

**EVERYDAY CHOICES:**  
 Hamburgers/Cheeseburgers  
 Chicken Patty/Spicy Chicken Patty

**FAST TAKES**

Turkey Sandwich  
 Italian Sub  
 Vegetarian Salad  
 Daily Specialty Salad

**MARKET**

Garden Fresh Salads Features:  
 Dark Greens, Assorted Seasonal Veggies,  
 Protein Selections & Grain Choices

Salad Meal Includes 2 WG Dinner Rolls





Students are encouraged to choose up to 1 Cup Of Veggies & 1 Cup of Fruit Daily

Side Salad, Cucumbers, Peppers, Broccoli, Cauliflower, Carrots, Celery Tomatoes, Black Beans, Veggie Beans & Seasonal Fresh Veggies

Apples, Applesauce, Oranges, Pears, Bananas, Peaches, Pineapple, Grapes, Mixed Fruit, Mandarin Oranges, & Seasonal Fresh Fruits



| MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY   |
|---|--|---|--|--|
|   | 1<br><i>Happy New Year</i>                                     | 2<br><b>NO SCHOOL</b>                                       | 3<br>Beefy Nachos<br>Lettuce/Cheese  | 4<br>Italian Meatball Sub<br>Sauce/Mozz Cheese   |
| 7<br>Chicken & Waffle   | 8<br>Grilled Cheese<br>Tomato Soup                             | 9<br>Buffalo Chicken Dip<br>Tortilla Chips                  | 10<br>Chicken Parmesan<br>Sandwich   | 11<br>Macaroni & Cheese<br>Breadstick  |
| 14<br>Chicken Tenders<br>WG Rolls   | 15<br>3 Way Chili<br>Spaghetti/Chili/Cheese<br>Oyster Crackers | 16<br>Grilled Chicken with<br>Bacon and Cheese<br>on WG Bun | 17<br>Stir Fry General Tso<br>Over Rice and Veggies                              | 18<br>Soft Beefy Tacos<br>Lettuce/Cheese   |
| 21<br><br>1929 1968 | 22<br>Beefy Nachos<br>Chips/Lettuce/Cheese                     | 23<br>Grilled Chicken with<br>Bacon and Cheese<br>on WG Bun | 24<br>Popcorn Chicken Bowl<br>Mashed Potatoes, Corn,<br>Biscuit, Shredded Cheese | 25<br>Macaroni & Cheese<br>Breadstick  |
| 28<br>Cheese Coney<br>Sauce/Cheese  | 29<br>Buffalo Chicken Dip<br>Tortilla Chips                    | 30<br>Italian Meatball Hoagie<br>Sauce/Mozz Cheese          | 31<br>Grilled Cheese<br>Tomato Soup  | <br>Making every day a better day |

This institution is an equal opportunity provider