



# March 2021

## Schenectady Lunch Hybrid Menu Pre-K



### SUNDAY



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

### SATURDAY

<p>7 <b>Turkey Sandwich</b> W/ Whole Grain Bun</p> <p>Pear Cup Cauliflower Low fat 1% or Skim Milk</p>	<p>1 <b>Turkey Sandwich</b> W/ Whole Grain Bun</p> <p>Mixed Fruit Cup Celery Sticks Low fat 1% or Skim Milk</p>	<p>2 <b>Sun butter and Jelly Sandwich</b> W/ Whole Grain Bread</p> <p>Applesauce Cup Cauliflower Low fat 1% or Skim Milk</p>	<p>3 <b>Turkey Ham &amp; Cheese Sandwich</b> W/ Whole Grain Bun</p> <p>Peach Cup Broccoli Florets Low fat 1% or Skim Milk</p>	<p>4 <b>American cheese Sandwich</b> w/ Whole Grain Bun</p> <p>Diced Pears Green Beans Low fat 1% or Skim Milk</p>	<p>5 <b>Turkey Bologna Sandwich</b> w/ Whole Grain Roll</p> <p>Applesauce Cup Carrots Low fat 1% or Skim Milk</p>	<p>6 <b>Turkey &amp; Cheese</b> on WG Bun</p> <p>Mixed Fruit Cup Green Beans Low fat 1% or Skim Milk</p>
<p>7 <b>Turkey Sandwich</b> W/ Whole Grain Bun</p> <p>Pear Cup Cauliflower Low fat 1% or Skim Milk</p>	<p>8 <b>Sun butter and Jelly Sandwich</b> W/ Whole Grain Bread</p> <p>Applesauce Cup Green Beans Low fat 1% or Skim Milk</p>	<p>9 <b>Turkey Ham &amp; Cheese Sandwich</b> W/ Whole Grain Bun</p> <p>Mixed Fruit Cup Broccoli Florets Low fat 1% or Skim Milk</p>	<p>10 <b>American cheese Sandwich</b> w/ Whole Grain Bun</p> <p>Peach Cup Carrots Low fat 1% or Skim Milk</p>	<p>11 <b>Turkey Bologna Sandwich</b> w/ Whole Grain Roll</p> <p>Pear Cup Romaine Low fat 1% or Skim Milk</p>	<p>12 <b>Turkey &amp; Cheese</b> on WG Bun</p> <p>Mixed Fruit Cup Celery Sticks Low fat 1% or Skim Milk</p>	<p>13 <b>Turkey Sandwich</b> W/ Whole Grain Bun</p> <p>Peach Cup Green Beans Low fat 1% or Skim Milk</p>
<p>14 <b>Sun butter and Jelly Sandwich</b> W/ Whole Grain Bread</p> <p>Peach Cup Black Beans Low fat 1% or Skim Milk</p>	<p>15 <b>Turkey Ham &amp; Cheese Sandwich</b> W/ Whole Grain Bun</p> <p>Applesauce Romaine Low fat 1% or Skim Milk</p>	<p>16 <b>American cheese Sandwich</b> w/ Whole Grain Bun</p> <p>Mixed Fruit Cup Broccoli Florets Low fat 1% or Skim Milk</p>	<p>17 <b>Turkey Bologna Sandwich</b> w/ Whole Grain Roll</p> <p>Peach Cup Celery Sticks Low fat 1% or Skim Milk</p> <p><i>Happy Holidays</i></p>	<p>18 <b>Turkey Ham</b> on WG Bun</p> <p>Pear Cup Green Beans Low fat 1% or Skim Milk</p>	<p>19 <b>Turkey Sandwich</b> W/ Whole Grain Bun</p> <p>Strawberry Cup Carrots Low fat 1% or Skim Milk</p>	<p>20 <b>Sun butter and Jelly Sandwich</b> W/ Whole Grain Bread</p> <p>Mixed Fruit Cup Corn Low fat 1% or Skim Milk</p>
<p>21 <b>Turkey Ham &amp; Cheese Sandwich</b> W/ Whole Grain Bun</p> <p>Applesauce Cup Green Beans Low fat 1% or Skim Milk</p>	<p>22 <b>American cheese Sandwich</b> w/ Whole Grain Bun</p> <p>Mixed Fruit Cup Broccoli Florets Low fat 1% or Skim Milk</p>	<p>23 <b>Turkey Bologna Sandwich</b> w/ Whole Grain Roll</p> <p>Peach Cup Cauliflower Low fat 1% or Skim Milk</p>	<p>24 <b>Turkey Sandwich</b> W/ Whole Grain Bun</p> <p>Applesauce Cup Green Beans Low fat 1% or Skim Milk</p>	<p>25 <b>Sun butter and Jelly Sandwich</b> W/ Whole Grain Bread</p> <p>Pear Cup Broccoli Florets Low fat 1% or Skim Milk</p>	<p>26 <b>Turkey Ham &amp; Cheese Sandwich</b> W/ Whole Grain Bun</p> <p>Peach Cup Carrots Low fat 1% or Skim Milk</p>	<p>27 <b>Turkey &amp; Cheese</b> on WG Bun</p> <p>Mixed Fruit Baked Fries Low fat 1% or Skim Milk</p>
<p>28 <b>Turkey Ham &amp; Cheese</b> on WG Bun</p> <p>Applesauce Cup Corn Low fat 1% or Skim Milk</p>	<p>29 <b>American cheese Sandwich</b> w/ Whole Grain Bun</p> <p>Peach Cup Carrots Low fat 1% or Skim Milk</p>	<p>30 <b>Turkey Sandwich</b> W/ Whole Grain Bun</p> <p>Diced Pears Broccoli Low fat 1% or Skim Milk</p>	<p>31 <b>Sun butter and Jelly Sandwich</b> W/ WG Bread</p> <p>Apple Slices Green Beans Low fat 1% or Skim Milk</p>	<p>OR</p> <p>Use So Happy to access your school's menus. Find nutrition, allergy information and more!</p> <div style="display: flex; justify-content: space-around;">   </div> <p>Download for free at the app store</p>		

Menu Items Are Subject To Change.

**Please make server aware of any known allergies.**

All Meals are served with fat free flavored milk: All grains are whole grain rich.

USDA and this institution are equal opportunity providers and employers

Lunch is Available to ALL Students, for free.

