

# Lift-Off!'s Get Moving Double Puzzle!



Unscramble each of the clue words below that describe ways you can “get moving” every day! Copy the letters in the numbered cells to other cells with the same number to uncover my secret message!

1. SUPH SUP

11				9		

2. TIS PUS

5					

3. JUNGPMI SAKCJ

8													

4. PLLU PSU

				6		

5. GIRNUNN

3							

6. RNSINPTGI

12									

7. TIHGSTERCN

2										

8. HIGTEW LIINTFG

7							10						

9. NAGLIKW

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10. KGBINI

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11. GIMSYNACT

4										

12. ESCOCR

1					

	X											
1	2	3	4	5	6	7	8	9	10	11	12	



**Answer Key: Get Moving Double Puzzle**  
 1. Push Ups 2. Sit Ups 3. Jumping Jacks 4. Pull Ups 5. Running 6. Sprinting  
 7. Stretching 8. Weight Lifting 9. Walking 10. Biking 11. Gymnastics 12. Soccer