



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

March is National Nutrition Month!

<p>7</p> <p>Assorted Cereal Bowl</p> <p>Graham Cracker Apple Juice Low fat 1% Or Skim Milk</p>	<p>1</p> <p>Banana Muffin</p> <p>Graham Cracker Apple Juice Low fat 1% Or Skim Milk</p>	<p>2</p> <p>Assorted Cereal Bowl</p> <p>Graham Cracker Diced Pears Low fat 1% Or Skim Milk</p>	<p>3</p> <p>Bagel w/ Cream Cheese</p> <p>Apple Slices Low fat 1% Or Skim Milk</p>	<p>4</p> <p>Maple Pancakes Bites</p> <p>Grape Juice Low fat 1% Or Skim Milk</p>	<p>5</p> <p>Mini Cinni Roll</p> <p>Apple Juice Low fat 1% Or Skim Milk</p>	<p>6</p> <p>Cocoa Puff Cereal Bar</p> <p>Diced Pears Low fat 1% Or Skim Milk</p>
<p>7</p> <p>Assorted Cereal Bowl</p> <p>Graham Cracker Apple Juice Low fat 1% Or Skim Milk</p>	<p>8</p> <p>Blueberry Muffin</p> <p>Graham Crackers Diced Pears Low fat 1% Or Skim Milk</p>	<p>9</p> <p>Cocoa Puff Breakfast Bar</p> <p>Mixed Fruit Cup Low fat 1% Or Skim Milk</p>	<p>10</p> <p>Blueberry Pancake Bites</p> <p>Applesauce Low fat 1% Or Skim Milk</p>	<p>11</p> <p>Assorted Cereal Bowl</p> <p>Sliced Peaches Low fat 1% Or Skim Milk</p>	<p>12</p> <p>Strawberry Poptart</p> <p>Graham Crackers Orange Juice Low fat 1% Or Skim Milk</p>	<p>13</p> <p>Whole Grain Donut</p> <p>Mixed Fruit Cup Low fat 1% Or Skim Milk</p>
<p>National School Breakfast Week</p>						
<p>14</p> <p>Blueberry Pancake Bites</p> <p>Apple Juice Low fat 1% Or Skim Milk</p> <p> SPRING AHEAD</p>	<p>15</p> <p>Double Chocolate Muffin</p> <p>Graham Crackers Applesauce Low fat 1% Or Skim Milk</p>	<p>16</p> <p>Assorted Cereal Bowl</p> <p>Graham Cracker Orange Juice Low fat 1% Or Skim Milk</p>	<p>17</p> <p>Strawberry Mini Bagels</p> <p><i>Happy St. Patrick's Day!!!</i></p> <p>Grape Juice Low fat 1% Or Skim Milk</p>	<p>18</p> <p>Whole Grain Donut</p> <p>Diced Peaches Low fat 1% Or Skim Milk</p>	<p>19</p> <p>Cinnamon Toast Crunch Breakfast Bar</p> <p>Orange Juice Low fat 1% Or Skim Milk</p>	<p>20</p> <p>Bagel with Cream Cheese</p> <p>Diced Peaches Low fat 1% Or Skim Milk</p>
<p>21</p> <p>Mini Cinnamon Roll</p> <p>Diced Pears Low fat 1% Or Skim Milk</p>	<p>22</p> <p>Blueberry Muffin</p> <p>Graham Crackers Apple Juice Low fat 1% Or Skim Milk</p>	<p>23</p> <p>Strawberry Cream cheese filled bagel</p> <p>Applesauce Low fat 1% Or Skim Milk</p>	<p>24</p> <p>Cocoa Puff Breakfast Bar</p> <p>Mixed Fruit Cup Low fat 1% Or Skim Milk</p>	<p>25</p> <p>Cinnamon Poptart</p> <p>Graham Crackers Orange Juice Low fat 1% Or Skim Milk</p>	<p>26</p> <p>Assorted Cereal Bowl</p> <p>Graham Cracker Apple Juice Low fat 1% Or Skim Milk</p>	<p>27</p> <p>Assorted Cereal Bowl</p> <p>Graham Cracker Diced Peaches Low fat 1% Or Skim Milk</p>
<p>28</p> <p>Bagel with Cream Cheese</p> <p>Mixed Fruit Cup Low fat 1% Or Skim Milk</p>	<p>29</p> <p>Double Chocolate Muffin</p> <p>Graham Crackers Applesauce Low fat 1% Or Skim Milk</p>	<p>30</p> <p>Cinnamon Mini Bagels</p> <p>Apple Juice Low fat 1% Or Skim Milk</p>	<p>31</p> <p>Assorted Cereal Bowl</p> <p>Graham Cracker Diced Peaches Low fat 1% Or Skim Milk</p>			

Or find our menu online at:
<https://schenectadysd.sodexomyway.com>

OR

Use So Happy to access your school's menus. Find nutrition, allergy information and more!



Download on the App Store



GET IT ON Google Play

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Menu Items Are Subject To Change.

Please make server aware of any known allergies.

Low – fat, Fat Free Milk Available with Breakfast: All grains are whole grain rich.

USDA and this institution are equal opportunity providers and employers

Breakfast is Available to ALL Students, for free.