



		<b>Price</b>	<b>Calories</b>
<b>The Lombardi</b>	Breaded Chicken Cutlet, Fresh Mozzarella, Roasted Peppers, Sun-Dried Tomato Puree	\$ 7.09	630
<b>The All American</b>	Two Meats and One Cheese	\$ 7.39	670
<b>By Land or Sea</b>	Homemade chicken or Tuna Salad with Choice of Cheese	\$ 7.09	
	Chicken Salad		400
	Tuna		360
<b>The Rochester</b>	Slow cooked Roast Beef, Cheddar Cheese, Horseradish Sauce	\$ 7.39	520
<b>The Uncle Charlie</b>	Slow Cooked Roast Beef, Rotisserie Turkey, Swiss Cheese, Cole Slaw, Russian Dressing	\$ 7.39	610
<b>Balsamic Chicken Wrap</b>	Italian Seasoned Chicken, Mozzarella Cheese, Roasted Peppers, Balsamic Dressing	\$ 7.29	610
<b>Caprese Sandwich</b>	Fresh Mozzarella, Sliced Tomatoes, Basil Pesto, Balsamic Dressing	\$ 6.29	610
<b>Grilled Chicken Caesar</b>	Italian Seasoned Chicken, Shaved Parmesan Cheese, Creamy Caesar Dressing	\$ 7.09	840
<b>Buffalo Chicken Sandwich</b>	Buffalo chicken, Pepper Jack Cheese, Bleu Cheese Dressing, Hot Sauce	\$ 7.29	480
<b>Turkey Club</b>	Rotisserie Turkey, Swiss Cheese, Bacon	\$ 7.49	540
<b>Egg Salad</b>	Homemade egg salad with lettuce and tomatoes	\$ 3.99	300
	<b>Extras:</b>		
	(3) Mozzarella	\$ 1.69	160
	2 slices of Bacon	\$ 0.79	100
	1 Slice of Cheese	\$ 0.59	50-80
	Hot Peppers	\$ 0.59	10
	2 oz Italian Roasted Chicken	\$ 1.99	60
	<b>Breads</b>		
	Vienna Marble Rye		240
	Pumpernickel		220
	Dusted White		240
	Wheat		240
	Multi grain		260
	Sour Dough		300
	Whole Wheat Grinder		320
	Wheat Wrap		240
	White Wrap		270
	Spinach Wrap		270
	Tomato Basil Wrap		270
	Gluten Free Tortilla		210
	Gluten Free White Bread		230

2,000 calories a day is used for general nutrition advice, but calorie needs vary.  
 Additional nutritional information available upon request.