

# SICK TRAY POLICY PROGRAM

## Program Description

- Students who are too ill or medically unable to eat a meal in the dining commons can have a friend or roommates pick up a meal and bring it back to the residence hall. They may take one meal per meal period.
- The person picking up the meals must present a Sick Tray Request form signed by the sick resident and a member of the Residential Life staff.
- This form is valid for 1 day, if additional days are required you must submit a new form each day.
- The dining staff will prepare the sick tray and have it available at the cashier stand for pick up.

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## I am too ill to come to the dining hall for a meal:

\_\_\_\_\_  
Name of Sick Resident

\_\_\_\_\_  
Hall & Room Number

\_\_\_\_\_  
Student ID Number

\_\_\_\_\_  
Describe Illness

\_\_\_\_\_  
I am authorizing the above to pick up my meal for me

\_\_\_\_\_  
List any food allergies or sensitivities

\_\_\_\_\_  
Sick Resident's Signature

\_\_\_\_\_  
Date

### Items I would like:

#### Breakfast

Clear Soup		Saltines	
Grilled Cheese		Rice	
Dry cereal		Toast	
Ice Cream		Banana	
Fruit Juice		Sprite	
Hot Tea		PowerAde	
Pick-up Time:			

#### Lunch

Clear Soup		Saltines	
Grilled Cheese		Rice	
Dry cereal		Toast	
Ice Cream		Banana	
Fruit Juice		Sprite	
Hot Tea		PowerAde	
Pick-up Time:			

#### Dinner

Clear Soup		Saltines	
Grilled Cheese		Rice	
Dry cereal		Toast	
Ice Cream		Banana	
Fruit Juice		Sprite	
Hot Tea		PowerAde	
Pick-up Time:			

\_\_\_\_\_  
Residential Life Staff Signature

Northwestern Dining is here to help.

If you have questions contact us at 847-491-2020, or send an email to [food@northwestern.edu](mailto:food@northwestern.edu)