








BUILD YOUR SUB

All subs include your choice of fresh veggies.

SUBS

	6" Calories	6"	12"
 Veggie	330	3.99	6.09
 Ham	300	4.19	6.79
 Chicken Salad	480	4.29	6.89
Tuna Salad	570	4.29	6.89
 Turkey	350	4.49	7.19
Meatball	760	4.29	6.99
 Roasted Chicken	260	4.89	7.69
 Roast Beef	370	4.89	7.69
 Crispy Chicken	280	4.89	7.69
Italian	540	4.89	7.69
Deli Club	570	4.89	7.69

BREAD

	Calories
White	205
Wheat	210
Herb	210
Cheddar	235
Garlic Parm	235
Flatbread	

CHEESE

	Calories
American	50
Parmesan	20
Provolone	75
Pepper Jack	55
Swiss	55

SAUCE

	Calories
BBQ	40
Hot Sauce	5
Ranch	90
Baja Sauce	90
Caesar	130
Mayo	100
Low Fat Mayo	45
Oil & Vinegar	90
Salsa	10
Spicy Brown Mustard	20
Honey Mustard	80
Yellow Mustard	10

EXTRAS

	Calories	6" or 12"
Bacon	110	.89 / 1.89
Cheese	20 - 75	.79 / 1.59
Meat	55 - 430	1.79 / 2.99

 = limited time special



UNDER 500 CALORIES
LOOK FOR THIS SYMBOL ON SELECT SUBS

Calorie information is based on 6" white or wheat sub roll, American cheese, without dressing unless specified.






SIGNATURES

Connect to your favorites.

Buffalo Ranch Chicken 550 cal 4.99 / 7.79
buffalo crispy chicken, provolone, hot sauce, ranch dressing, lettuce, onion, tomato

Baja Chicken 510 cal 4.89 / 7.69
roasted chicken breast, pepper jack, chipotle seasoning, lettuce, onion, tomato, Baja sauce

 **Chicken Caesar** 370 cal 4.89 / 7.69
roasted chicken breast, romaine, parmesan, Caesar dressing

 **Chicken Fajita** 420 cal 4.89 / 7.69
roasted chicken breast, pepper jack, fajita seasoning, lettuce, onion, tomato, salsa



Starting at
2.90

CONNECT YOUR COMBO

Select any side item with fountain beverage. Sides include soup, chips, cookies, yogurt or fruit.

BEVERAGES

Fountain Drinks 1.99 / 2.19

Bottled Water 1.75

Bottled Beverage 1.79 / 1.99 / 2.89

SIDES

Chips 1.19

Fruit 1.09

Yogurt 1.29

Cookie 1.89

Soup 2.89



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sub
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