

Entrées

served with 2 sides



Sides

Jamaican Curry Chicken \$7.49 455 cal
Spicy chicken simmered in an aromatic blend of garlic, ginger, thyme, onion and hot peppers with a bold curry sauce.

Chicharrones de Pollo \$7.49 575 cal
Crispy fried chicken marinated in lime with an extra crunchy coating.

Add extra meat for \$2.49

Fried Plantains \$2.79 235 cal

White Rice \$1.59 120 cal

Macaroni au Gratin \$3.39 715 cal

Cuban Black Beans \$1.99 66 cal

Special

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Pernil \$8.49 300 cal
Herb and slow-roasted pork shoulder.

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Oxtail Stew \$9.49 240 cal
Slow roasted oxtail seasoned with Jamaican spice blend of allspice, garlic, thyme, scotch bonnet and onion medley.

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Ropa Vieja \$8.79 460 cal
"Old Clothes" - Cuban shredded stewed beef.

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Caribbean Goat Stew \$9.49 675 cal
Slow roasted goat and carrots lightly seasoned with salt and pepper, ginger and curry.



Beverages

Snacks

Medium Fountain Beverage	\$1.99	0-290 cal
Large Fountain Beverage	\$2.49	0-460 cal

Jamaican Chicken Patty	\$1.99	362 cal
Jamaican Beef Patty	\$1.99	327 cal
Coco Bread	\$0.99	420 cal

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional information is available upon request.